

OKALOOSA COUNTY MIDDLE SCHOOL ATHLETIC CONFERENCE

SOFTBALL REGULATIONS - 2013

1. Rules will be governed by the NATIONAL FEDERATION SOFTBALL RULE BOOK, the Okaloosa County Middle School Athletic Conference Rule and the FHSAA bylaws.
2. Starting times are determined by the home team.
3. The home team will provide 2 registered officials.
4. Ball may be white or optic yellow and must meet National Federation specifications in regards to COR .47 and load force of .25 inches. The host school will designate which color ball will be used.
5. The catcher shall wear a head protector and a protective mask with throat protector that is part of or attached to the mask. The catchers helmet mask and mask combination shall meet the NOCSAE standard and have full ear protection (dual ear flaps). The catcher shall wear a body protector and protective shin guards. Any non- adult warming up a pitcher within the confines of the field shall wear a mask and throat protector.
6. A batting helmet bearing the permanent NOCSAE stamp and exterior warning label is mandatory for each batter, on-deck batter, players/students in the coach's boxes, runners, and retired runners. Non-adult bat/ball shaggers shall wear batting helmets while in live ball area, even if the ball is dead.
7. Shoes with metal cleats and metal toe plates are prohibited.
8. Jewelry is prohibited.
9. The bat shall be a smooth cylinder with a knob. Each bat shall no more than 2 1/4" in diameter at its thickest part and no more than 34" in length. All bats shall be labeled with the permanent ASA approved certification mark.
10. Protests are not allowed. The decision of the official is final.
11. The 10 run will be in effect after 4-1/2 or 5 complete innings.
12. All conference allotments are 5-4-4-3.
13. The home team will call the results to the Daily News.